

14-9 2021

| Navn 1 | Navn 2 | Starttid | Tid I Mål | Tid | Bedste Tid | Forbedret Tid | Placering | Målrækkefølge | Tid I Mål | Point |
|-------------------|------------------|----------|-----------|----------|------------|---------------|-----------|-----------------------------------|-----------|-------|
| Charlotte Lautrup | | 00:01:54 | | | 00:43:06 | | 1 | Frederik Andersen | 00:45:00 | 46 |
| Marie Christensen | | 00:02:10 | | | 00:42:50 | | 2 | Robert Følbaek | 00:45:02 | 44 |
| Alice Jensen | | 00:02:42 | | | 00:42:18 | | 3 | Rasmus Blach | 00:45:06 | 42 |
| Morten Kristensen | | 00:03:17 | | | 00:41:43 | | 4 | Carsten Fischer | 00:45:07 | 40 |
| Tom Hollænder | | 00:04:39 | | | 00:40:21 | | 5 | Johannes Bang | 00:45:19 | 39 |
| Anja Bertelsen | | 00:06:55 | | | 00:38:05 | | 6 | Kaj Harbo | 00:45:20 | 38 |
| Bente Jakobsen | | 00:07:55 | | | 00:37:05 | | 7 | Kit Sørensen | 00:45:24 | 37 |
| Robin Johanneson | | 00:08:03 | | | 00:36:57 | | 8 | Flemming Larsen | 00:45:29 | 36 |
| Kaare Michelsen | | 00:09:38 | 00:45:39 | 00:36:01 | 00:35:22 | | 9 | Kaare Michelsen | 00:45:39 | 35 |
| Randi Jakobsen | | 00:09:48 | | | 00:35:12 | | 10 | Berit Andersen + Thomas Christian | 00:45:40 | 34 |
| Ulrik Madsen | | 00:09:56 | | | 00:35:04 | | 11 | Martin Degn | 00:46:01 | 33 |
| Rune Møller | | 00:10:04 | | | 00:34:56 | | 12 | Brian Christensen | T | 46 |
| Glenny Jacobsen | | 00:10:16 | | | 00:34:44 | | | | | |
| Simon Eifer | | 00:11:53 | | | 00:33:07 | | | | | |
| Johannes Bang | | 00:11:56 | 00:45:19 | 00:33:23 | 00:33:04 | | | | | |
| Kit Sørensen | | 00:12:01 | 00:45:24 | 00:33:23 | 00:32:59 | | | | | |
| Kim Riisberg | | 00:13:41 | | | 00:31:19 | | | | | |
| Egon Petersen | | 00:14:14 | | | 00:30:46 | | | | | |
| Trine Rasmussen | | 00:14:15 | | | 00:30:45 | | | | | |
| Berit Andersen | | 00:14:35 | | | 00:30:25 | | | | | |
| Martin Degn | | 00:15:05 | 00:46:01 | 00:30:56 | 00:29:55 | | | | | |
| Morten Leth | | 00:15:08 | | | 00:29:52 | | | | | |
| Claus Eifer | | 00:15:15 | | | 00:29:45 | | | | | |
| Flemming Larsen | | 00:15:16 | 00:45:29 | 00:30:13 | 00:29:44 | | | | | |
| Trine Rasmussen | Tonny Rasmussen | 00:15:48 | | | 00:29:12 | | | | | |
| Kaj Harbo | | 00:16:05 | 00:45:20 | 00:29:15 | 00:28:55 | | | | | |
| Thomas Henning | | 00:16:40 | | | 00:28:20 | | | | | |
| Tonny Rasmussen | | 00:16:44 | | | 00:28:16 | | | | | |
| Jakob Bisgaard | | 00:16:49 | | | 00:28:11 | | | | | |
| Brian Christensen | | 00:16:58 | T | T | 00:28:02 | | | | | |
| Jakob Bisgaard | Kim Sommer | 00:17:23 | | | 00:27:37 | | | | | |
| Thomas Christian | | 00:17:24 | | | 00:27:36 | | | | | |
| Steen Holm | | 00:18:05 | | | 00:26:55 | | | | | |
| Lise Rousing | Steen Holm | 00:18:10 | | | 00:26:50 | | | | | |
| Magnus Rasmussen | | 00:18:16 | | | 00:26:44 | | | | | |
| Christian Thirup | | 00:18:18 | | | 00:26:42 | | | | | |
| Lise Rousing | | 00:18:24 | | | 00:26:36 | | | | | |
| Ole Ryssel | | 00:18:50 | | | 00:26:10 | | | | | |
| Berit Andersen | Rasmus Blach | 00:18:59 | | | 00:26:01 | | | | | |
| Christian Thirup | Steen Holm | 00:18:59 | | | 00:26:01 | | | | | |
| Robert Følbaek | Niklas | 00:19:01 | | | 00:25:59 | | | | | |
| Frederik Andersen | | 00:19:06 | 00:45:00 | 00:25:54 | 00:25:54 | | | | | |
| Carsten Fischer | | 00:19:28 | 00:45:07 | 00:25:39 | 00:25:32 | | | | | |
| Jan | | 00:19:31 | | | 00:25:29 | | | | | |
| Max-Kayak | | 00:19:33 | | | 00:25:27 | | | | | |
| Rasmus Blach | | 00:19:37 | 00:45:06 | 00:25:29 | 00:25:23 | | | | | |
| Robert Følbaek | | 00:19:40 | 00:45:02 | 00:25:22 | 00:25:20 | | | | | |
| Berit Andersen | Thomas Christian | 00:19:42 | 00:45:40 | 00:25:58 | 00:25:18 | | | | | |
| Ole Ryssel | Christian Thirup | 00:19:58 | | | 00:25:02 | | | | | |
| Lise Rousing | Carsten Fischer | 00:20:00 | | | 00:25:00 | | | | | |
| Carsten Fischer | Ole Ryssel | 00:20:58 | | | 00:24:02 | | | | | |