

25-8 2021

| Navn 1 | Navn 2 | Starttid | Tid I Mål | Tid | Bedste Tid | Forbedret Tid | Placering | Målrækkefølge | Tid I Mål | Point |
|-------------------|----------------|----------|-----------|----------|------------|---------------|-----------|----------------------------------|-----------|-------|
| Kalle Fisker | | 00:04:21 | | | 00:40:39 | | 1 | Nils Mørk | 00:44:21 | 46 |
| Mia Skytte | | 00:06:59 | | | 00:38:01 | | 2 | Steen Holm | 00:44:30 | 44 |
| Freja Skytte | | 00:07:00 | | | 00:38:00 | | 3 | Egon Pedersen | 00:44:45 | 42 |
| Kaare Michelsen | | 00:09:08 | 00:45:03 | 00:35:55 | 00:35:52 | | 4 | Jakob Bisgaard | 00:44:49 | 40 |
| Amalie Petersen | | 00:09:34 | | | 00:35:26 | | 5 | Brian Christensen | 00:44:50 | 39 |
| Lasse Pedersen | | 00:09:51 | | | 00:35:09 | | 6 | Nicklas Følbæk + Robert Følbæk | 00:44:53 | 20 |
| Mette Hauberg | | 00:09:59 | | | 00:35:01 | | 7 | Ole Rysssel | 00:44:54 | 38 |
| Else Krog | | 00:10:56 | | | 00:34:04 | | 8 | Rasmus Blach | 00:44:59 | 37 |
| Glenny Jacobsen | | 00:11:33 | | | 00:33:27 | | 9 | Trine Rasmussen + Berit Andersen | 00:45:00 | 36 |
| Simon Eifer | | 00:11:47 | | | 00:33:13 | | 10 | Thomas Christian | 00:45:01 | 35 |
| Kit Sørensen | | 00:12:07 | 00:45:02 | 00:32:55 | 00:32:53 | | 11 | Kit Sørensen | 00:45:02 | 34 |
| Randi Jakobsen | | 00:12:13 | | | 00:32:47 | | 12 | Kaare Michelsen | 00:45:03 | 33 |
| Johannes Pedersen | | 00:12:47 | | | 00:32:13 | | 13 | Thomas Henning | 00:45:46 | 32 |
| Else Krog | Mette Hauberg | 00:12:59 | | | 00:32:01 | | 14 | John Jensen | 00:46:00 | 31 |
| Flemming Larsen | | 00:14:03 | | | 00:30:57 | | 15 | Claus Eifer | T | 46 |
| Kim Riisberg | | 00:14:05 | | | 00:30:55 | | | | | |
| Nils Mørk | | 00:14:11 | 00:44:21 | 00:30:10 | 00:30:10 | 00:00:39 | | | | |
| Lars Skovgaard | | 00:14:11 | | | 00:30:49 | | | | | |
| Egon Pedersen | | 00:14:20 | 00:44:45 | 00:30:25 | 00:30:25 | 00:00:15 | | | | |
| Martin Degn | | 00:14:22 | | | 00:30:38 | | | | | |
| Trine Rasmussen | | 00:14:48 | | | 00:30:12 | | | | | |
| Lise Rousing | | 00:15:16 | | | 00:29:44 | | | | | |
| Steen Holm | | 00:15:26 | 00:44:30 | 00:29:04 | 00:29:04 | 00:00:30 | | | | |
| Claus Eifer | | 00:15:50 | T | T | 00:29:10 | | | | | |
| Morten Leth | | 00:15:58 | | | 00:29:02 | | | | | |
| Thomas Henning | | 00:16:06 | 00:45:46 | 00:29:40 | 00:28:54 | | | | | |
| John Jensen | | 00:16:20 | 00:46:00 | 00:29:40 | 00:28:40 | | | | | |
| Berit Andersen | | 00:16:25 | | | 00:28:35 | | | | | |
| Kaj Harbo | | 00:16:27 | | | 00:28:33 | | | | | |
| Lasse Veiss | | 00:16:48 | | | 00:28:12 | | | | | |
| Simon Eifer | Claus Eifer | 00:16:54 | | | 00:28:06 | | | | | |
| Jakob Bisgaard | | 00:17:06 | 00:44:49 | 00:27:43 | 00:27:43 | 00:00:11 | | | | |
| Brian Christensen | | 00:17:11 | 00:44:50 | 00:27:39 | 00:27:39 | 00:00:10 | | | | |
| Christian Tirup | | 00:17:12 | | | 00:27:48 | | | | | |
| Thomas Christian | | 00:18:05 | 00:45:01 | 00:26:56 | 00:26:55 | | | | | |
| Frederik Andersen | | 00:18:07 | | | 00:26:53 | | | | | |
| Tonny Rasmussen | | 00:18:08 | | | 00:26:52 | | | | | |
| Magnus Rasmussen | | 00:18:13 | | | 00:26:47 | | | | | |
| Ole Rysssel | | 00:18:27 | 00:44:54 | 00:26:27 | 00:26:27 | 00:00:06 | | | | |
| Trine Rasmussen | Berit Andersen | 00:18:30 | 00:45:00 | 00:26:30 | 00:26:30 | | | | | |
| Niels Thomsen | | 00:18:48 | | | 00:26:12 | | | | | |
| Robert Følbæk | | 00:18:57 | | | 00:26:03 | | | | | |
| Rasmus Blach | | 00:19:14 | 00:44:59 | 00:25:45 | 00:25:45 | 00:00:01 | | | | |
| Nicklas Følbæk | Robert Følbæk | 00:18:27 | 00:44:53 | 00:26:26 | 00:26:26 | | | | | |